

## Waterfront Safety Suggestions

Too often, parents bring their children to a beach or pool, send them into the water and then begin to read, talk, sunbathe, etc. and are not aware of what is happening in and around the water. A distressed swimmer can become a drowning victim in a matter of seconds.

Small children, toddlers and non-swimmers should never be more than an arm's length from their parent or guardian. A small child can easily be knocked over by another child or a wave and not be able to get up. A child can literally drown in a few inches of water.

- **NO LIFEGUARD ON DUTY**
- **SWIM AT YOUR OWN RISK**
- If you or your child is a non-swimmer, please ask for information on our swimming lesson program.
- Parents / guardians are advised to SUPERVISE their children and keep them within arm's reach
- Non-swimming children should be wearing a United States Coast Guard Approved Lifejacket Type III and remain in shallow water areas. They should also be within arm's reach of a parent / guardian ( at least 18 years of age) who is in the water with the child.

As a waterfront community, we feel that all NH children should know how to swim, be taught basic water safety skills and learn a healthy respect for water. In addition, it would be beneficial for parents to learn basic water safety skills so you would be able to assist your child or another in case of an accident at a waterfront, without putting yourself in danger.

**Let's work together to have a safe, healthy and happy summer!**

**Holderness Town Beach is located on Dirt Rd, heading toward Sandwich on Rt 113.**

## Welcome to the 2013 Beach Season



**Aaahhh, the perfect day on Squam Lake!**

The Holderness Town Beach property was donated by Mrs. Edwin S. Webster and Mr. Frank G. Webster to the Squam Lake Conservation Society in 1963. SLCS is the owner of the property. The Holderness Select Board and Holderness Recreation Board, on behalf of the Town and its residents, oversee the utilization and maintenance of the property.

**Holderness Recreation Department  
P.O. Box 203, Holderness, NH 03245  
603-968-3700 or [holdrec@roadrunner.com](mailto:holdrec@roadrunner.com)**

# Holderness Town Beach Rules & Regulations

2/2013 revised

The beach is open daily during the summer season and a beach attendant is scheduled to work, from mid-June to Labor Day, weather permitting.

The beach may be used only during daylight hours.

## Users of the beach

- Beach passes are available for purchase by Residents and Tax Payers at the Town Clerk's Office located in the Holderness Town Hall for \$15.
- Please show the beach attendant your pass upon arrival at the beach.
- Pass holders may bring up to 8 bona fide guests to the beach.
- No child under the age of 14 shall be allowed on the beach unless accompanied by a person 18 years of age or older.
- No dogs or other pets are allowed on beach property.

## Patron Responsibilities

- All persons using the Town Beach do so at their own risk.
- NO LIFEGUARD ON DUTY
- Parents or accompanying adult 18 years of age or older (not the beach attendant) are responsible for the safety of all children under their care.
- Check water depth at raft before diving. Water depth may vary. DIVE AT YOUR OWN RISK.
- Please carry in and carry out all litter. No trash receptacles are provided.
- Parking facilities at the beach are limited therefore, carpooling is encouraged and appreciated.

## Regulations

- Ball playing and other such games are restricted to the grassy field area.
- Drugs, alcoholic beverages, and profane language are not permitted.
- Fires or cooking of any kind will not be permitted.
- Boat landing and launching is not permitted. This includes powerboats, canoes, kayaks, etc.
- No inflatable toys or floating devices, foam noodles, masks or fins are allowed. USCG-Approved Lifejacket Type III and eye goggles are permitted.
- Noodles and kickboards are permitted only during swimming lessons offered by Holderness Recreation.
- During the 10 days of summer with scheduled classes, the swimming instructor may reserve the raft and up to half of the beach for the swim lesson students.
- Town property is not to be removed, damaged, defaced, or destroyed in any way. Please notify the attendant if you observe any infractions.
- No person suffering from a contagious disease or wearing bandages shall enter the water.
- No person shall use soap or wash him or herself in the water.
- No smoking on the beach premises.
- There is No Fishing from the beach.
- No parking on either side of the road.
- For safety, diaper age children must wear swim diapers. If your child is not potty trained, please make sure they wear a swim diaper.

## For your Safety

- A **PHONE** is available for emergency use only. **Dial 911** for emergencies. The phone is located on a telephone pole on the road side of the field.
- The beach attendant has a first aid kit in the event of an injury.

## For your Convenience

A toy bin is provided for use by all with donated toys. Please return all toys to the bin before leaving the beach.  
Portable toilets are provided during the summer season. Please make sure that children use them.

**The Beach Attendant is authorized to enforce all rules and regulations.  
Any questions may be directed to the Recreation office at 603-968-3700.**

